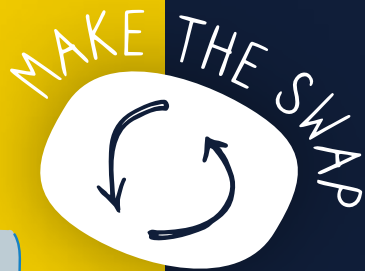




LIGHT IN YOUR BEDROOM

CREATE A DARK BEDROOM



POWERED BY



FIND OUT MORE
[TEENSLEEPHUB.ORG.UK](https://teensleephub.org.uk)

#TEENSLEPMATTERS